

Snacks Keto

HIGH-ENERGY TRAIL MIX and TUNA SALAD (MINI PORTION)

\$0.93/SERVING EST



Ingredients and groceries scaled from original 2 servings

3 oz. macadamia nuts

3 oz. almonds

6 tablespoons coconut flakes

6 tablespoons stevia sweetened chocolate chips

1. Combine all ingredients and serve. Store in an airtight container to maintain freshness.

TUNA SALAD (MINI PORTION)

\$0.61/SERVING EST

Ingredients and groceries scaled from original 1 serving

10 oz. tuna drained

5 teaspoons mayonnaise

5 dashes salt

5 dashes pepper

Prep: 5 mins

1. Drain tuna. In a bowl, add mayonnaise, salt and pepper to tuna and mix.